

Making Change

I pledge to make
change by giving
change to end
violence against
women and girls in
Lunenburg/Queens

What we know...

Locally:

- In 2004, 1 woman in 12 reported they had experienced violence at the hands of their current or former partner.
- 132 women in NS are at high risk of being killed by an intimate partner.
- NS has the highest sexual assault rate in the country.

Nationally:

- Over half of Canadian women have experienced at least one incident of physical or sexual violence.
- Every year in Canada, 360,000 children are exposed to domestic violence. In 2003-2004, 58,486 women and 36,840 children sought refuge in one of 473 shelters across Canada.
- Between 2000-2006 167 Canadian soldiers, police, and firefighters were killed on duty ; 500 women were killed by their partners.

Over...

For references to these stats go to the SSWC web site:
www.sectory.com

Warning signs of abuse...

Does someone in your life

- get jealous when you're around other people
- attempt to isolate you from your friends and family
- destroy or threaten to destroy your possessions
- tell you how to dress, speak or behave
- withhold your money from you or not let you take part in financial decisions
- call you names or threaten you
- blame you for everything that goes wrong
- push you around or hit you
- threaten to take your children
- threaten to harm your family members/friends or pets
- threaten to kill or harm themselves if you tell someone, call the police, or leave.

If you answer "yes" to some of these questions, you may be in an abusive relationship. You are not alone.

Contact any of the numbers listed below for confidential help:

Harbour House

Offers shelter and services in Lunenburg & Queens Counties

Distress Lines: 543-3999

Toll Free: 1-888-543-3999

Outreach 543-9970

edharbourhouse@ns.aliantzinc.ca



Second Story Women's Centre

Co-creating a safe place for women & girls to rise to their full potential.

902-543-1315 or

902-640-3044

22 King Street, 821, Lunenburg

info@secstory.com

www.secstory.com

